

Your Emergency *Card*

The two national numbers, your cashless hospital, your insurer and your consultant, on one wallet card. Fill it in below (it saves on your device), print it for every wallet in the family, and screenshot it for your lock screen.

112

all emergencies

108free government
ambulance

IN SHORT

- **112** is India's single emergency number (police, fire, medical); **108** is the free government ambulance in most states, **102** in Delhi, and **112** reaches either.
- Do the two-minute setup now, not later: confirm which nearby hospitals are in your insurer's cashless network, and fill this card in while everything is calm.
- Tap any dashed line on the card to type; everything saves only on this device, nothing is uploaded.

In a real emergency nobody wants to search email for a policy number. **This page is duty of care you can hold:** a wallet card carrying the two numbers that work everywhere in India, plus the five details that are yours. Tap any dashed line on the card to type; everything **saves only on this device**, nothing is uploaded. Then print one for every wallet, and screenshot it for your phone's lock screen. The full medical picture (insurance, hospitals, everyday care) lives in the Healthcare guide; this card is the two-minute version for the worst hour.

01 THE CARD • TAP THE DASHED LINES TO FILL IT IN

One card, the whole emergency

MEDICAL EMERGENCY • INDIA
KEEP CALM. CALL, THEN GO.

112
ALL EMERGENCIES

108
AMBULANCE • DELHI 102

NAME
Your name

CASHLESS HOSPITAL
Nearest network hospital

INSURER • POLICY NO.
Insurer • policy number

IKAN CONSULTANT
Name

BLOOD GROUP • ALLERGIES
e.g. O+ • none

HOSPITAL PHONE
+91 ...

INSURER HELPLINE
+91 ...

CONSULTANT PHONE
+91 ...

Say: "I need an ambulance at [your address + a landmark]." Speak slowly, stay on the line.

ikan

Your entries stay in this browser on this device only; nothing is sent to IKAN or anyone else. Clear them any time with the reset link below.

For your lock screen: fill the card in on your phone, then screenshot it and set the photo as your lock-screen wallpaper (or keep it as a favourite photo). First responders and bystanders can see it without unlocking anything.

02 IF IT HAPPENS

The three steps in an emergency

1 Call 112, or 108 for an ambulance

112 is India's single emergency number (police, fire, medical); 108 is the free government ambulance in most states, 102 in Delhi, and 112 reaches either. Give your address with a landmark, speak slowly, and stay on the line. Private hospitals also run their own ambulances, which is one reason the hospital phone line is on your card.

2 Go to your cashless hospital and say so

At the emergency desk, show ID and your insurance details and say "cashless admission". The hospital's insurance desk raises the approval with your insurer while treatment begins; that is what the network is for. If the nearest hospital is not in network, treatment first, paperwork after, keep every bill.

3 Call your IKAN consultant

Any hour. We coordinate with the insurer and the hospital, reach your employer and family the way you would want, and stay on it until the situation is genuinely handled. You are not doing an emergency in a new country alone.

IMPORTANT

Do the two-minute setup now, not later: confirm which nearby hospitals are in your insurer's cashless network, and fill this card in while everything is calm. That is the entire preparation an emergency needs from you.

03 YOUR SUPPORT

What IKAN does for you

- ✓ At settling-in we **confirm your cashless network hospitals** for your exact neighbourhood and help you fill this card
- ✓ In an emergency we **coordinate insurer, hospital, employer and family**, so you can be a patient or a parent, not a project manager
- ✓ We keep the **wider medical picture** (insurance choices, hospitals, everyday care) current in the Healthcare guide

Emergency-ready · one-screen check

- ☐ **Card filled in** for every family member
- ☐ **Cashless network hospital confirmed** with your insurer
- ☐ **Printed copies** in wallets, school bag, glovebox
- ☐ **Lock-screen screenshot** set on each phone
- ☐ **112 and 108** known by everyone in the house, kids included

You will probably never need this card. Fill it in anyway; calm in the worst hour is something you pack in advance.

YOUR IKAN RELOCATIONS TEAM

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Where expertise meets empathy, supporting your move to India, every step of the way. 112 and 108 reflect national emergency services in 2026; ambulance coverage varies by state and private hospitals run their own fleets, and your consultant confirms the best numbers for your exact area. Entries on this page stay on your device only. This guide is web-first; the card prints wallet-size from this page.